

We know how vital good nutrition is for the health and well being of our clients so rest assured that our staff and volunteers will continue to deliver meals to Monroe County's homebound. We have instituted precautions to ensure the safety of everyone involved, including no face-to-face contact with clients, phone calls to the most vulnerable of clients, and alternative delivery methods for those unable to retrieve meals from their doorsteps. We may have to reduce how often we deliver, but we intend to provide the same number of meals each week, even if it means clients receive a bulk delivery of frozen meals or a number of shelf stable meals. Unfortunately, because some of our volunteers have had to step away, we are not able to take on new clients until after this crisis has passed.

If you would like to help during this time, there are several things you can do. If you want to volunteer, even if it's for a short period of time, we'd love to have you! If you have access to hand sanitizer and wish to donate it, that would be awesome. If you can help with a donation, that is always welcome.

Most importantly, you can help by checking on your homebound neighbors who may be too afraid to go out to purchase food or could use a few rolls of toilet paper.

We're all in this together and we will get through this together! We will keep you updated to any significant changes to our delivery. If you have any questions, please feel free to contact our office.

Heidi Fareri, Executive Director