



MEALS ON WHEELS MENU

March 2020



NOTES:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6	7
Subject to change due to availability & weather.		Mac & Cheese	Honey Mustard Chx	Roast Beef w/Gravy	Balsamic Chicken	Fish Thermidor over Brown Rice	
		Pork&Relish Sandwich	Salami & Mozzarella	Turkey & Cheese	Egg Salad	Spinach Salad	
	8	9	10	11	12	13	14
Substitutions made for SPECIAL & RENAL diets.		Turkey Burger w/ Cheddar Cheese	Baked Ham	Chicken Cacciatore	Salisbury Steak w/Gravy	Garlic Shells w/ Broccoli	
		Chicken Breast Sandwich	Turkey & Cheese	Italian Antipasto	Chef Salad	Tuna Salad	
	15	16	17	18	19	20	21
Office: 570-424-8794		BBQ Chicken	Pork Loin & Mushroom Gravy	Sweet & Sour Chicken	Shepherd's Pie	Cod Caponata over Brown Rice	
		Ham & Pickle Salad	Happy St. Patricks Day! Chicken & Cheese Quesadilla	Garden Salad	Ham & Swiss	Egg Salad	
	22	23	24	25	26	27	28
		Chicken Enchilada Casserole	Roasted Turkey with Gravy	Chicken with Lemon Dill Sauce	Spaghetti & Meatballs	Cheddar Cheese Omelette	
		Roast Beef & Cheddar	Chicken Salad	B.L.T. Wrap	Chicken Caesar Salad	Pasta & Vegetable Salad	
	29	30	31				
		Chicken Tenders	Sweedish Meatballs over Egg Noodles				
		Turkey Salad	Asian Grilled Chicken Salad				