



MEALS ON WHEELS MENU July 2019



NOTES:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5	6
Substitutions made for SPECIAL & RENAL diets.		Mac & Cheese	Baked Ham	Swedish Meatballs with Egg Noodles	Happy 4th of July! Office Closed	Happy 4th of July! Office Closed	
		Chix Breast Sandwich	Spinach Salad	Ham&Swiss Sandwich			
	7	8	9	10	11	12	13
Office: 570-424-8794		Bruschetta Chicken	Asian Beef & Broccoli	Michelle's Chicken Enchiladas	Turkey Pot Pie	10 Grain Pollock	
		Turkey,Ham,Cheese Sandwich	Taco Salad	Italian Wrap	Chef Salad	Garden Salad	
	14	15	16	17	18	19	20
		Whimpies	Mushroom Stroganoff	Chris' Chuck Roast	Mesquite Chicken	Cheese Manicotti	
		Turkey Salad Sandwich	BBQ Pork Sandwich	Chicken Salad Sandwich	Peprs,Onion&Cheese Quesadilla	Tuna Salad Sandwich	
	21	22	23	24	25	26	27
		Honey Mustard Chix	Porketta w/Sauerkraut	Salisbury Steak	Baked Ziti	Teriyaki Cod	
		Ham & Pickle Salad	Turkey Club Wrap	Salami & Mozzarella Sandwich	Chicken Caesar Salad	Egg Salad Sandwich	
	28	29	30	31			
		Breaded Chix Tenders	Creamy Paprika Pork over Noodles	Turkey w/Gravy			
		Roast Beef&Cheddar Sandwich	BLT Salad	Pork&Relish Sandwich			