



# MEALS ON WHEELS MENU

## February 2019



**NOTES:**

Subject to change due to availability & weather.

Substitutions made for SPECIAL & RENAL diets.

Office:  
570-424-8794

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Tuna Noodle Casserole	
					Garden Salad	
3	4	5	6	7	8	9
	Vegetarian Chili	Swedish Meatballs	Pork Loin/Apple Gravy	Chicken Marsala/Orzo	Stuffed Shells w/ sauce	
	Ham & Pickle Salad	Chicken Breast Sandwich	Italian Antipasto	Chef Salad	Cheese Quesadilla	
					*Deadline to order meal for 2/18	
10	11	12	13	14	15	16
	Salisbury Steak/gravy	Stuffed Chicken Breast	Baked Ham	Suasage & Peppers	10 Grain Pollock	
	Turkey & Cheese	Spinach Salad	Italian Wrap	Chicken Cesar Salad	Egg Salad	
17	18	19	20	21	22	23
	President's Day	Fettucine Alfredo w/Broccoli	Tomato & Beef Casserole	Beef Pot Roast w/gravy	Vegetable & Cheese Egg Bake	
	Office Closed	Ham Club Wrap	Pork & Relish Sandwich	Chicken Salad	Tuna Salad	
24	25	26	27	28		
	Breaded Chicken Tenders	BBQ Pork	Cheese Ravioli	Chicken & Biscuits	*Please Turn Menu to the back for an important letter from office Staff →	
	Roast Beef & Cheddar	Pasta & Vegetable Salad	Salami & Mozzarella	Taco Salad		